

✦✦ COLOR JASPER! ✦✦

Name: _____ Date: _____



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Name: _____ Date: _____



✦ ✦ COLOR ROSIE! ✦ ✦

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✦ ✦ COLOR ROSIE! ✦ ✦

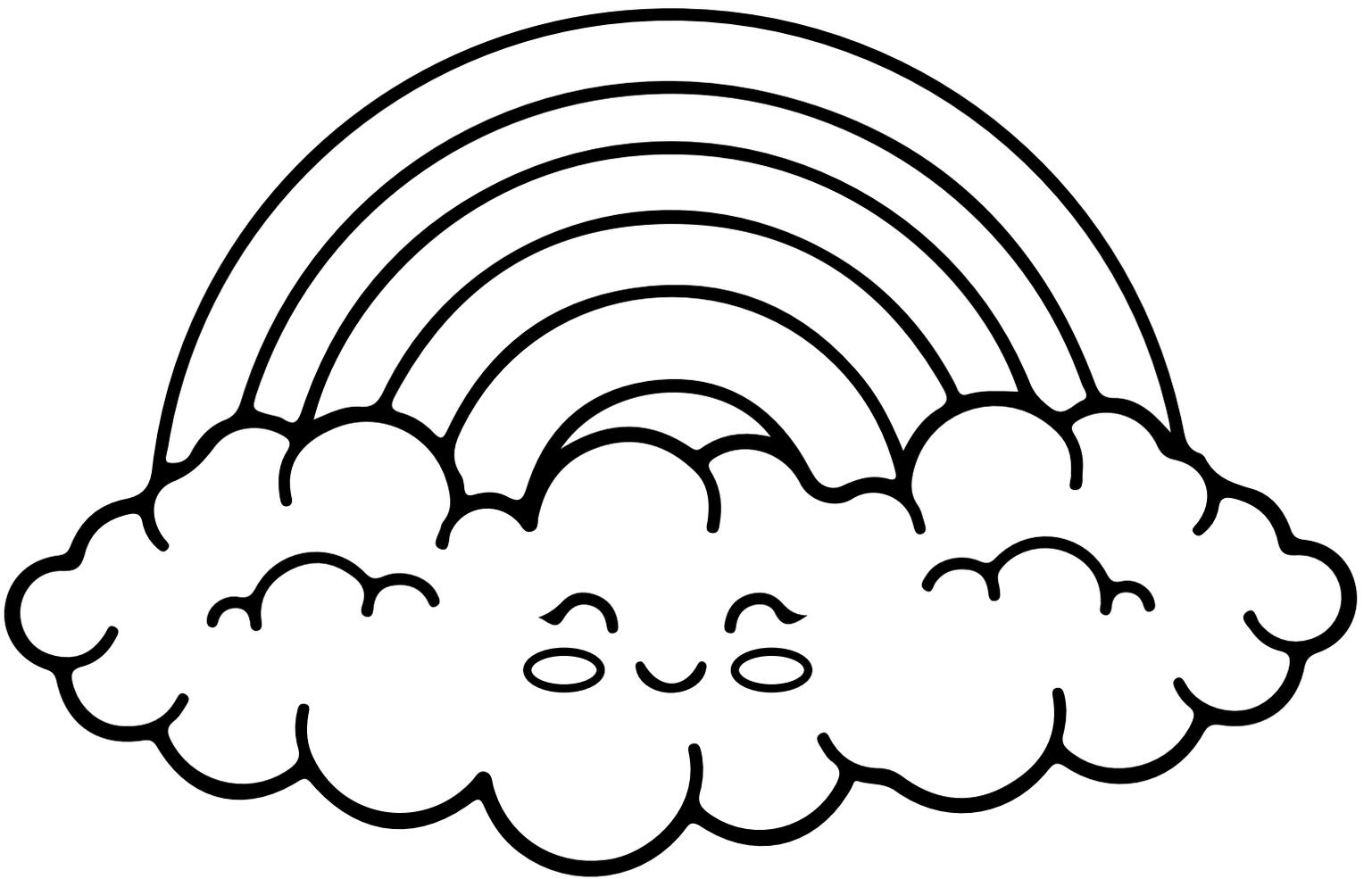
Name: _____ Date: _____



✦ COLOR YOUR RAINBOW ✦

Name: _____

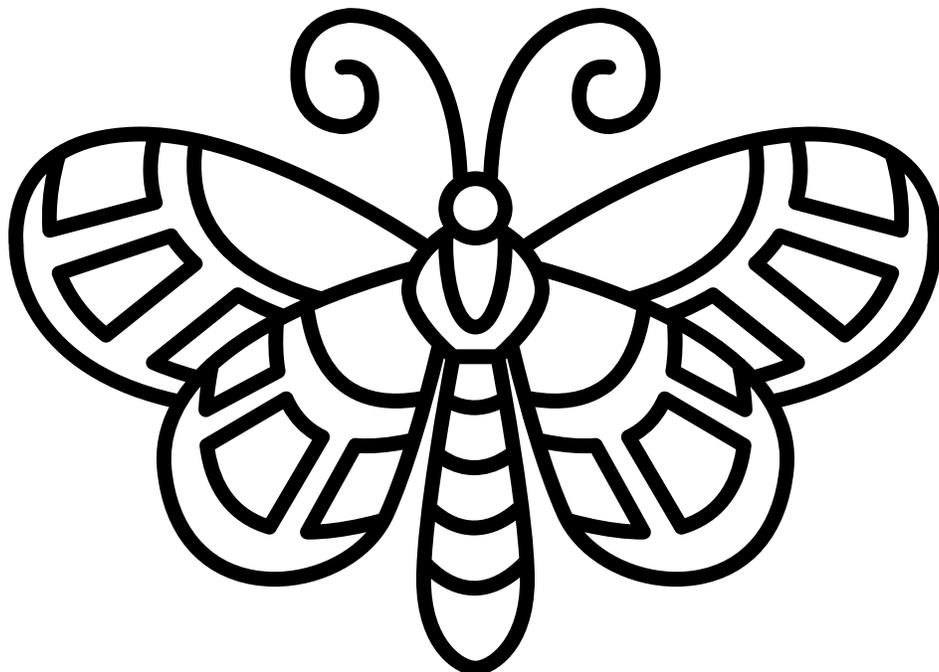
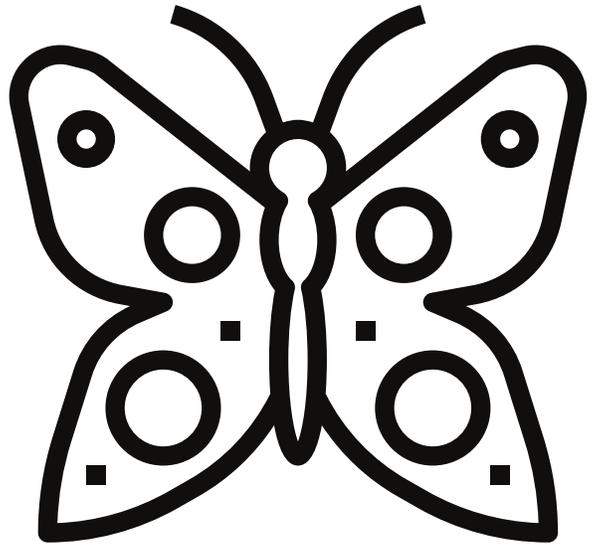
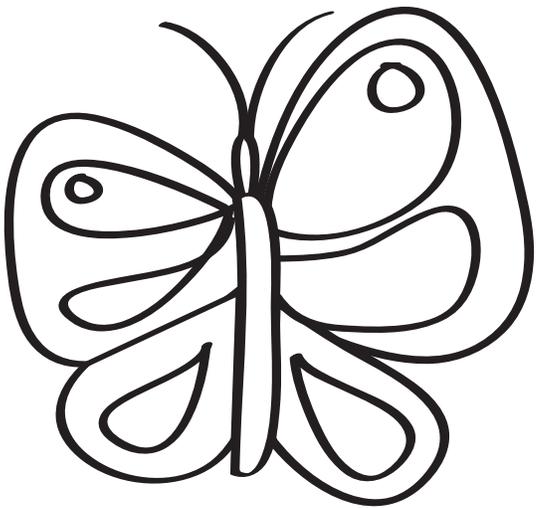
Date: _____



✦ COLOR YOUR BUTTERFLIES ✦

Name: _____

Date: _____



JASPER'S mindfulness WORD SEARCH ✨

Find and circle the vocabulary words in the grid. Words can be found across, up + down, and diagonally.

- ACCEPTANCE
- AWARENESS
- BEDTIME
- BREATHING
- CALM
- DISCOVER
- FOCUS
- GRATITUDE
- HAPPY
- HEALTHY
- IMAGINATION
- INSPIRATIONAL
- JASPER STONE
- JASPER THE FOX

F	O	C	U	S	Y	G	B	E	D	T	I	M	E	P
I	J	D	J	C	B	A	R	V	G	X	Q	M	J	A
M	N	A	I	A	P	D	W	A	S	A	U	A	O	T
E	R	S	S	S	S	R	M	A	T	Q	I	G	Y	I
D	E	A	P	P	C	P	A	I	R	I	E	I	F	E
I	F	C	B	I	E	O	E	C	N	E	T	C	U	N
T	L	C	R	Z	R	R	V	R	T	D	N	U	L	C
A	E	E	E	H	E	A	S	E	T	I	F	E	D	E
T	C	P	A	E	C	N	T	T	R	H	C	U	S	E
I	T	T	T	A	H	A	P	I	O	K	E	E	L	S
O	I	A	H	L	A	L	L	A	O	N	I	F	I	W
N	O	N	I	T	P	O	G	M	L	N	E	N	O	J
Y	N	C	N	H	P	V	J	O	F	Z	A	A	D	X
O	M	E	G	Y	Y	E	B	M	Y	R	E	L	A	X
T	X	V	I	S	U	A	L	I	Z	A	T	I	O	N



- JOYFUL
- KIND
- LOVE
- MAGIC
- MEDITATION
- MINDFUL
- PATIENCE

- PRACTICE
- QUIET
- REFLECTION
- RELAX
- VISUALIZATION
- ZENDIPPITY
- ZENPALZ